



NEWSLETTER Dec, 2025



Human Friends Organization (HFO) celebrates 22nd years of promoting religious freedom and interfaith harmony, playing a vital role for mitigation, advocating for minority rights, and delivering legal aid to victims of blasphemy accusations, rape, violence, and forced conversions. Provide education to marginalized kids and build "Hope Community Centres" for skill development for the basic communities to utilise their talents for the enhancement of social and professional skills to earn with dignity.

This newsletter highlights activities from July to December 2025, focusing on emergency flood relief distribution, conflict prevention, human rights advocacy, and youth empowerment for peace and social harmony. Key initiatives include

- **Minorities Day and Women Empowerment:** Human Friends Organization (HFO) commemorated Minorities Day with a panel discussion and awareness campaigns promoting tolerance and interfaith harmony, involving over 110 women and civil society members in Youhannabad. Outreach programs in schools and communities fostered inclusivity and mutual respect.
- **Emergency Flood Relief Efforts:** In response to excessive rains causing severe flooding in Pakistan, Human Friends Organization (HFO) with collaboration of United Nation Development Programme (UNDP) and Germey, distribute food and hygiene packages to affected families in Khyber Pakhtunkhwa in Buner, Punjab, Kasur, Muzafar Garh, Narowal, and Pasrur districts between August and October 2025. These actions addressed immediate needs and supported long-term recovery.
- **Legal Aid Success in a false Blasphemy Case:** A mentally challenged woman falsely accused of blasphemy in 2022 was acquitted by Lahore High Court in October 2025 due to lack of evidence and flawed investigation, HFO's legal team played a crucial role in securing her release.
- **Freedom from Bonded Labour:** On October 30, 2025, HFO facilitated the debt clearance and safe relocation of Nadeem Masih and his family, granting them legal and physical freedom from bonded labour. The family now lives safely with renewed hope, HFO continues to support their rehabilitation.
- **One day workshop on Gender and FoRB Women, Book launching Ceremony**
- **Human Friends Organization Awarded by The Punjab Government**
- **Human Rights Day Activities of Human Friends Organization**
- **Human Friends Organization Annual Awards Ceremony**

Minorities Day 11 August 2025 commemoration by Human Friends Organization (HFO) and Women Empowerment was celebrated in Mabel Hall Youhannabad. 110 women and other members from the civil society participated in the programme. The panel discussion was held the guests' speakers elaborated emerging challenges and role of the women in our present scenario. HFO organized several awareness campaigns



throughout the quarter, focusing on the promotion of tolerance and mutual respect among diverse communities. Special outreach programs were conducted in schools and local neighbourhoods, where interfaith dialogues and cultural exchange activities encouraged understanding and unity. Furthermore, partnerships with local media helped amplify the voices of marginalized groups, ensuring their concerns reached a broader audience and fostering a culture of inclusivity. These efforts have not only strengthened community bonds but also contributed to a safer and more harmonious environment for all.

Conflict Resolution & Peace building training:

Human Friends Organization (HFO) team members participated in training “Inside Mediation for Conflict Resolution & Peace building training ” 1st to 12th September 2025 in Institute of Peace & Conflict Studies, University of Peshawar organized by United Nation Development Programme (UNDP).



Emergency Flood Relief Distributions: The environment changes caused superfluous rain in moon soon season 2025 in Pakistan. The large number of families lost their houses, household, properties, crops, live stocks and even some lost lives, other were left without food and drinking water. In this situation Human Friends Organization (HFO) with collaboration of United Nation Development Programme (UNDP) and Germey, tirelessly made possible Food relief distribution in Khyber Pakhtunkhwa and Punjab province.

In Buner, Khyber Pakhtunkhwa the German Embassy and Human Friends Organization provided one month food and hygiene packages to 300 flood affected families. On the 16th September 2025.

In Kasur, one of the hardest-hit districts of Punjab province where nearly 4.7 million people have been affected, United



Nation Development Program (UNDP) in Pakistan Resident Representative, Dr. Samuel Rizk, joined local partners to deliver emergency food relief to families of all faiths in Ganda Singh Wala village. Relief is only the first step. Together with government and partners, UNDP is helping build recovery and resilience with a strong focus on the most vulnerable for a safer, more prepared Pakistan.

Flood Relief in Kasur 25th September 2025 HFO team with collaboration of United Nation Development Programme (UNDP) distribute Emergency relief for the flood affected vulnerable families in Ganda Sing Wala village Kasur district.



Food relief distribution, The environment changes caused superfluous rain in this moon soon season in Pakistan. Food relief distribution to the brick kiln workers during rainy season 14th August 2025.



On 6th Oct 2025 in Muzafar Garh Human Friends Organization (HFO) team on 6 oct 2025 provided Emergency relief to the flood affected vulnerable families in Rang Pur Chak 5 district Muzafar Garh.



Emergency relief distributed in Narowal to the flood affected families by Human Friends Organization (HFO), dated 02/10/2025



Emergency relief distributed in Pasrur for the flood affected vulnerable communities by Human Friends Organization (HFO)



The innocent woman won Freedom from false allegation and charges: It is indeed a matter of great pride for HFO that the mentally challenged woman has been released from jail in a highly sensitive case. The 29-year-old women had been falsely accused in January 2022 for sending allegedly blasphemous messages via WhatsApp and Facebook . She was acquitted by the Lahore High Court on 25th October 2025 due to lack of forensic evidence and questionable investigation. Our allied counsel, Advocate Lazar Allah Rakha, played a vital role in making this possible. Well done, Advocate Lazar Allah Rakha. The entire HFO team feels proud of this remarkable achievement. A woman who had been confined behind bars has now, by the grace of God, regained her freedom and rejoined her family.



Freedom from bonded Labour: On 30th October 2025 A Christian family of Nadeem Masih received freedom from the bonded labour. As his entire debt was cleared, granting him both legal and physical freedom from bondage. In addition, the family was safely relocated to a peaceful environment, allowing them to start over without fear. This life-altering support transformed their lives, restoring dignity, freedom, and the promise of a better tomorrow. Now Nadeem and his family live free, safe, and filled with renewed hope.

The children have resumed their education, their future no longer defined by suffering but by opportunity and promise.



Human Friends Organization remains committed to supporting the family's ongoing healing and development journey, ensuring that their new life is not only a beginning but a lasting change. God Bless Pakistan, HFO and IGFM Germany.

On 3rd December 2025, A Christian family—Imran Masih and his loved ones—from Sheikhpura District has been set free through the dedicated efforts of HFO. Their total loan at the brick kiln was paid in full, allowing them to begin a new chapter in life.



The 75th Independence Day "Maarka-e- Haq" (The Battle for Truth)

was Celebrated in Allama Paul Ernest High School to honour the nation's resilience, unity, and commitment to freedom and justice, particularly in response to the May 2025 military conflict with India.



International Peace Day 2025 was commemorated by Human Friends Organization (HFO) in collaboration with Allama Paul Higher Secondary School at Mable Rose Palace.



Advocacy of Human Rights:

On 20th September 2025, The president of Human Friends Organization (HFO) had a extensive discussion on Freedom of Religious Beliefs (FoRB) with Ms. Petra Schmidt the German diplomat in Lahore.



HFO honoured and privileged to meet the German Ambassador in Islamabad:

The President of Human Friends Organization, on 9th December 2025 honoured and privileged to meet H.E. Ina Lepel the German Ambassador, to discuss the situation and challenges of marginalized people experiencing the violation of Human Rights in Pakistan.



Meeting with the French Ambassador in Islamabad Pakistan.

On 9th December 2025 Mr. Sadjid Cristopher had one to one discussion with H.E. Mr. Nicolas Galey, the French Ambassador for Islamabad Embassy, such engagements always inspire hope for stronger cooperation and shared efforts toward human dignity, justice, and social progress.



United Nation in collaboration with Human Friends Organization:

On 19th November 2025, The President of Human Friends Organization (HFO) had an inclusive meeting with Ms. Shoko Noda, United Nations Assistant Secretary-General and Director of the Crisis Bureau, and Dr. Samuel Rizk (Country Head of



UNDP). Human Friends Organization is tirelessly working in collaboration of United Nations Development Program, for distributing the relief to flood effective and promoting the human rights, empowering the minorities and women for protecting their own rights and dignity.

One day workshop on Gender and FoRB with Women

On 24th November 2025, One day workshop on Gender and Freedom of Religion or Beliefs, organized by Human Friends Organization (HFO) in partnership with Stefanus Alliance International, Norway. Ms. Vija, Senior Advisor at SAI, and Ms. Dillnia, Project Advisor at SAI were the main resources persons for the workshop theme “Freedom of Religion or Beliefs for Everyone- Women in Focus” in workshop, 24 women from different fields of life very actively participated in the group’s discussions and presentations at closing session the Certification ceremony was conducted.



The book launching Ceremony

Human Friends Organization (HFO) successfully hosted the launching ceremony of the book “Freedom of Religion or Beliefs for Everyone – Women in Focus” published by Stefanus Alliance International (SAI), Norway.

The inauguration of the book was graciously conducted by Ms. Vija Herefoss, Senior Advisor at SAI, and Ms. Dillnia Karbasian, Project Advisor at SAI. The event highlighted the importance of women’s rights, religious freedom, and the need for strengthened interfaith harmony in Pakistan. A distinguished panel of speakers shared their insights. The event was attended by people from diverse walks of life, including religious leaders, teachers, journalists, lawyers, human rights defenders, social workers, and political activists. Their presence reflected a shared commitment to promoting human dignity, interfaith understanding, and equal rights for women across all communities. Human Friends Organization (HFO) and Stefanus Alliance International expressed gratitude to all participants for making the book launch a meaningful and impactful gathering.



International Human Rights Day Express News Forum

On the 9th Dec 2025, for International Human Rights Day 2025, Express News hosted a special forum featuring Sajid Christopher (Executive Director, HFO), Mr. Fareed Ahmad Tarar (Provincial Secretary, Department of Human Rights & Minorities Affairs), and Sister Genevieve (Member, National Commission on the Status of Women) as distinguished panellists. The discussion highlighted pressing human rights challenges in Pakistan, including violations affecting vulnerable groups, gaps in protection systems, and the urgent need for stronger institutional responses. The panel acknowledged and appreciated the steps taken by the Government of Punjab to address ongoing challenges, strengthen policy frameworks, and enhance institutional responsiveness.



Human Friends Organization's Awarded by The Government of Punjab:

10th December 2025, Proud moment for Human Friends Organization! Our Executive Director, Sajid Christopher, has been awarded an Award of Appreciation by the Government of Punjab on International Human Rights Day 2025 for his outstanding contribution to advancing human rights and protection of vulnerable groups in Pakistan.

This marks his 6th government recognition a testament to his dedication, courage, and leadership. This achievement became possible through our collaborators and the entire team of HFO.



Human Rights Day with St. John's College Students

10th December, HFO's President, Sajid Christopher, addressed the students and faculty of St. John's College Lahore on International Human Rights Day, at an event organized by the Catholic Women Organization (CWO). A meaningful opportunity to raise awareness on the importance of human dignity, equality, and the protection of fundamental rights.



Human Friends Organization (HFO) Annual Awards Ceremony 2025

Human Friends Organization (HFO) held an Award Ceremony at its Head Office to recognize the dedication, professionalism, and outstanding contributions of its staff. The Employee of the Year 2025 was awarded to Mr. Emmanuel Sadiq for his excellent services and strong leadership in successfully leading field teams during projects implementation.

Mr. Kamal Eric was honoured for his dedication and professionalism in report writing and documentation. Mr. Tanveer A. Bhatti received recognition for his outstanding performance as Head of the Procurement Committee during the devastating floods of 2025. HFO proudly acknowledges the commitment and hard work of its team, whose efforts continue to make a meaningful impact in the communities we serve.

